



SMOKE LAB QUIZ

Directions: Complete each sentence with the correct short-term or long-term effect of smoking. Circle the letter next to the correct answer.

1. With each cigarette, smoking adds sticky tar to lungs which can _____.
(Short-term Effect) (Long-term Effect)
 - a. cause a heart attack
 - b. make it easier to get sick
 - c. cause a stroke
2. With each cigarette, smoking _____ which can lead to lung cancer.
(Short-term Effect) (Long-term Effect)
 - a. damages lung cells
 - b. decreases lung functioning
 - c. creates blood clots
3. With each cigarette, smoking _____ which can lead to loss of vision.
(Short-term Effect) (Long-term Effect)
 - a. damages lung cells
 - b. attacks air sacs in the lungs
 - c. reduces blood flow to the eyes
4. Smoking cigarettes can _____ which can lead to stroke.
(Short-term Effect) (Long-term Effect)
 - a. add sticky tar to lungs
 - b. decrease blood flow to the eyes
 - c. create blood clots
5. Smoking cigarettes can _____ which can lead to heart attack.
(Short-term Effect) (Long-term Effect)
 - a. reduce blood flow to the eyes
 - b. clog blood vessels with fatty deposits
 - c. damage lung cells
6. With each cigarette, smoke attacks air sacs in the lungs which can lead to _____.
(Short-term Effect) (Long-term Effect)
 - a. stroke
 - b. heart disease
 - c. shortness of breath
7. With each cigarette, smoking _____ which can lead to heart disease.
(Short-term Effect) (Long-term Effect)
 - a. creates blood clots
 - b. tightens blood vessels
 - c. damages cilia in lungs

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